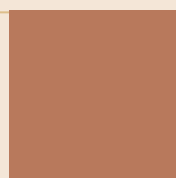
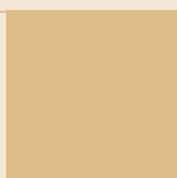


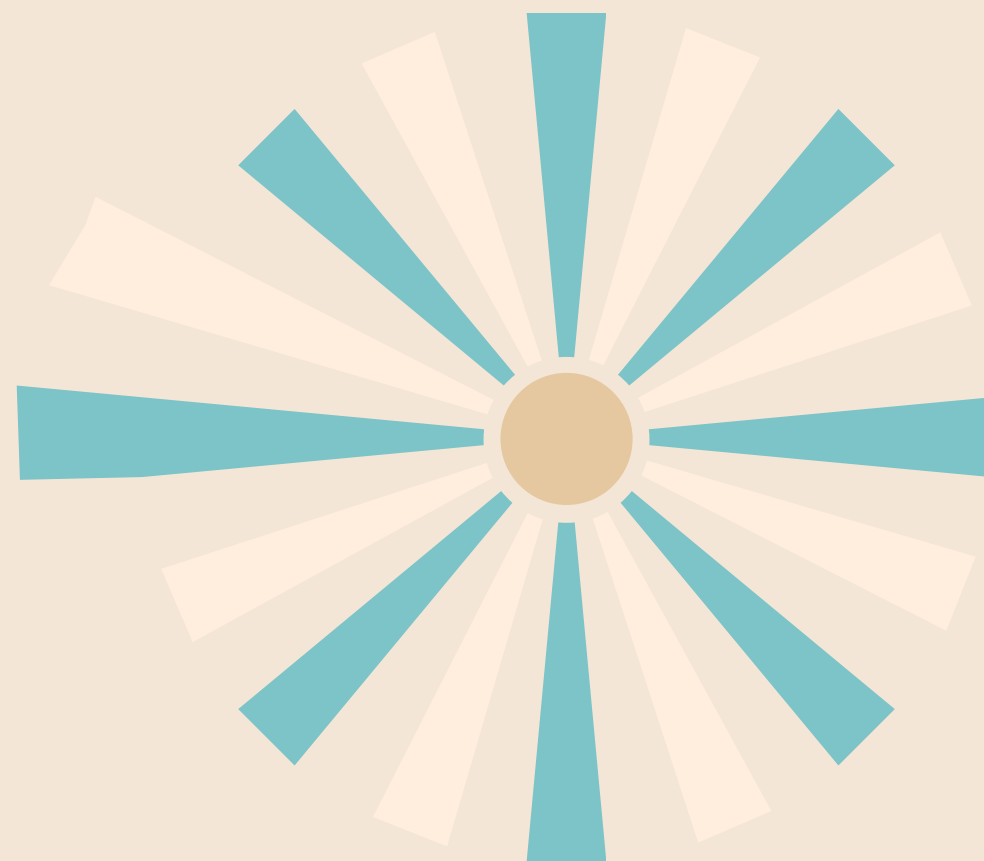
THE
FLOW FEST

Summer Flow



Creativity | Connection

Meet the artists, makers and storytellers of Summer Flow.



Swipe to explore the Creative Corner
programme.

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A space for shadow work,
healing and self-discovery.

Venessa

Shadows & Mirrors

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Nishita

Doodle & Mandala

Repetitive patterns and free-flowing lines reduce stress.





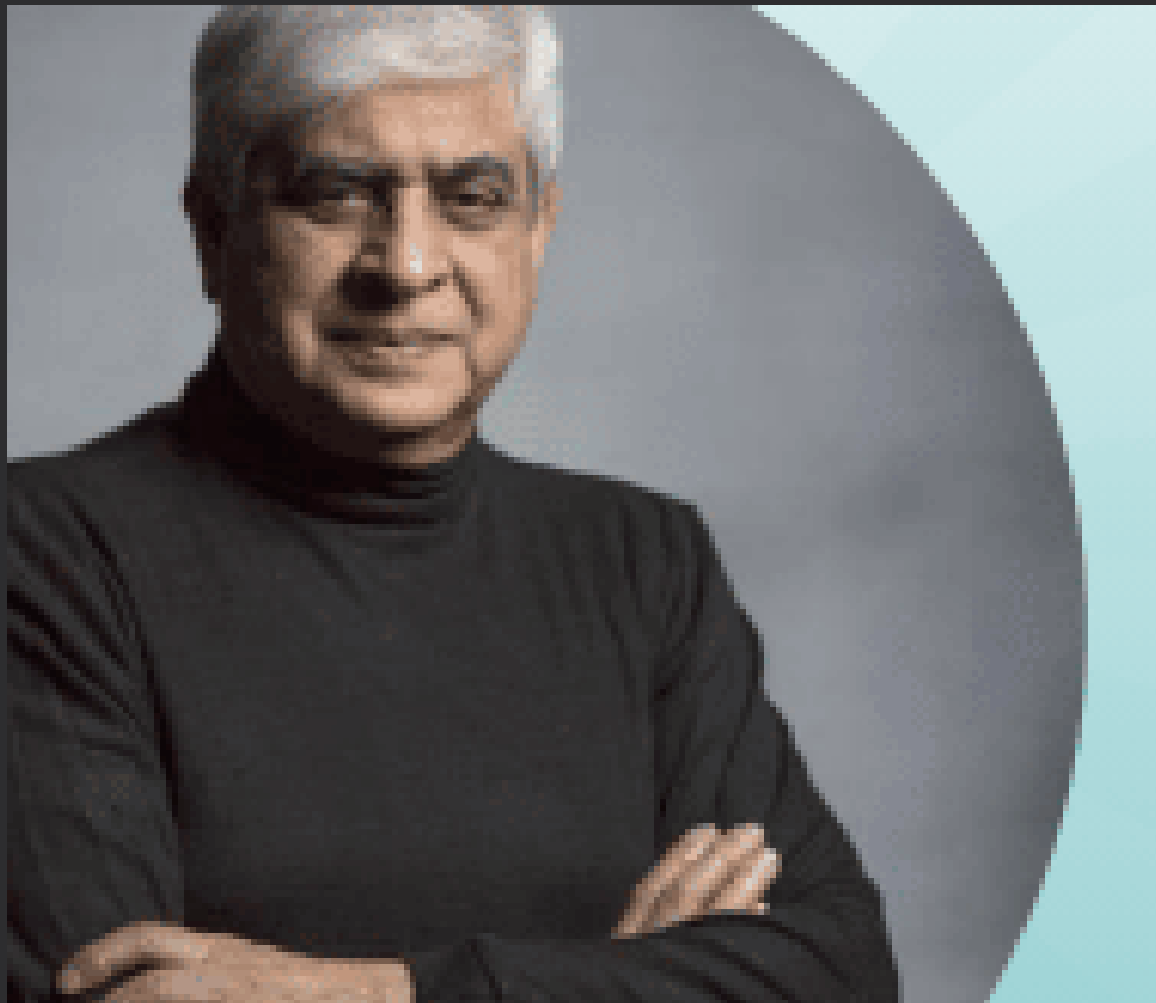
Dhara

Sketch Your Story

Trace the mind's contours,
one raw line at a time.



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Sal Creative Writing



Deep inner work meets the magic of creative release.

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Fatema Brushstory



A gentle reminder of where your mind found rest.

SUMMER FLOW 2026

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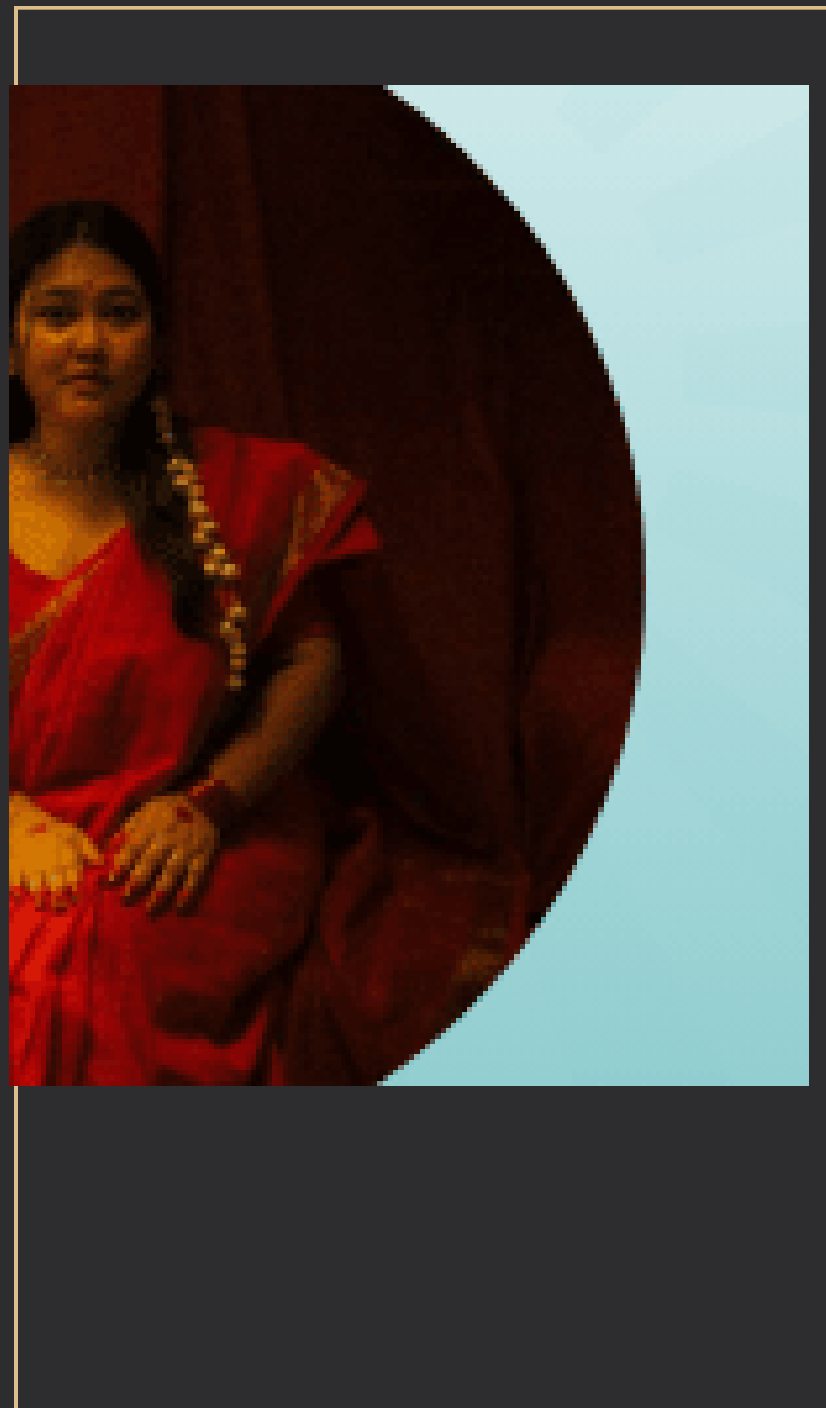
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Tanjila Munia

Mindful Photography

Finding stillness where the
world rushes by.

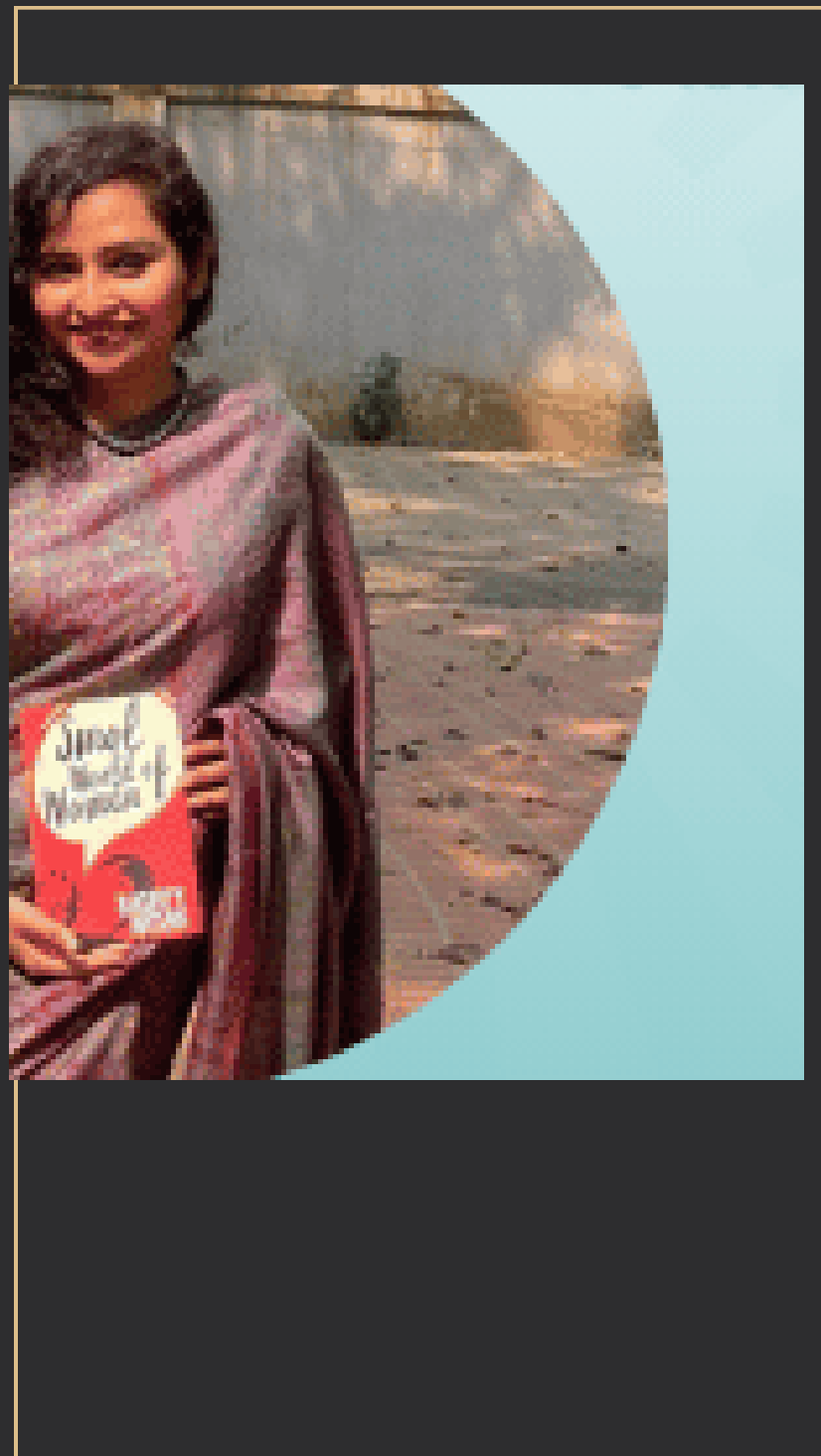


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Write to Release

Alchemizing heavy thoughts into weightless words.

Kashfy





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Diti Soul Collage

Vibrant collage making to create a board you love.



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Zainab Bracelet Making

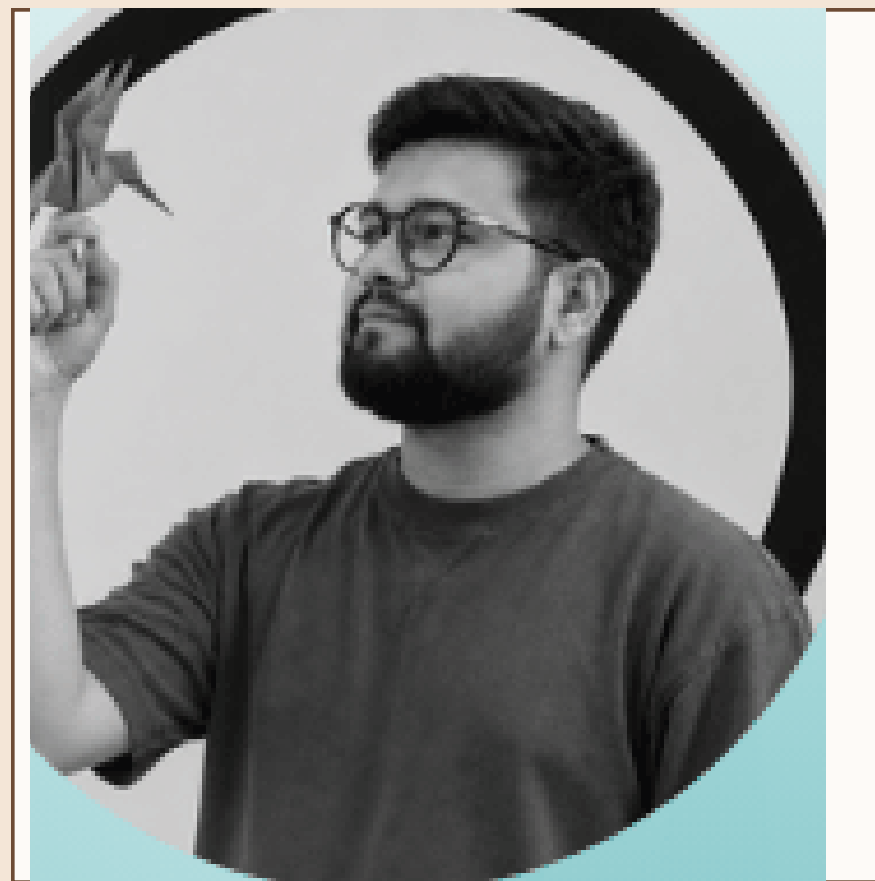
Weaving intentions, memories and healing into wearable art.

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Origami

Folding chaos into symmetry, stillness and intentional grace.

Mehedi Hasan



Paint and Play

Turning blank canvases into quiet expression.

Taiara





Estiaz Hossen

The Art of Face Painting

Where colour meets character and faces become masterpieces.

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Atika

Kids Ice Cream Making Social

A sweet little adventure for our mini makers.

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